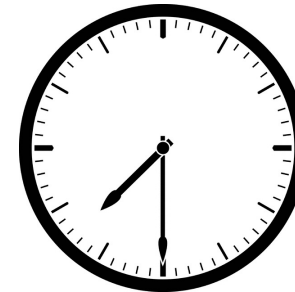


candiNETWORK

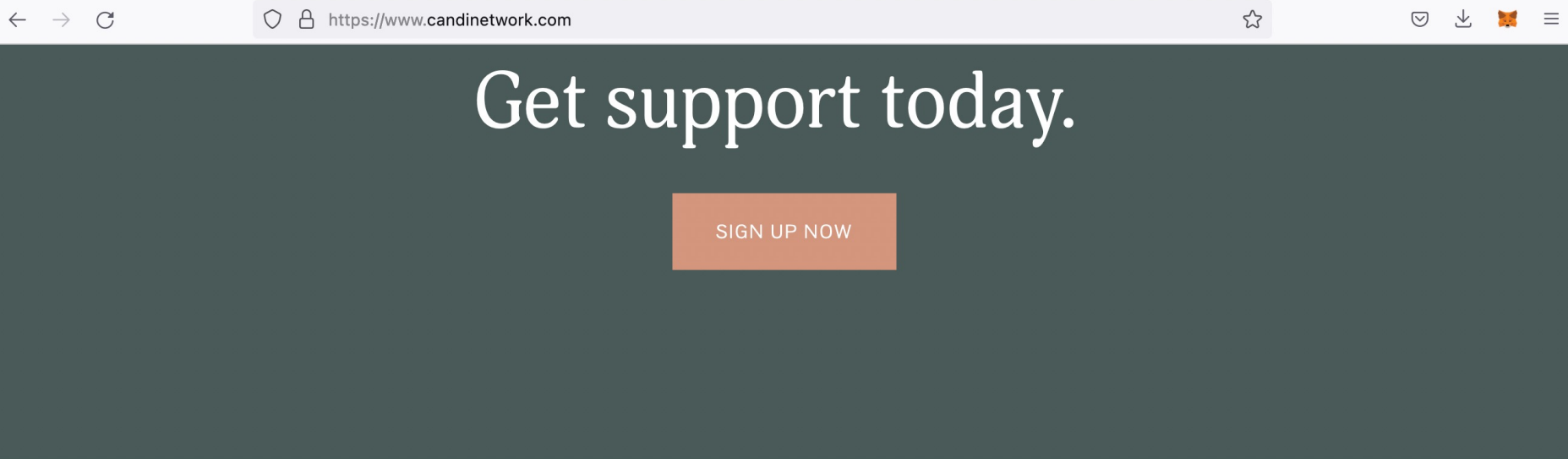
Camden and Islington HIV Network

welcome

Housekeeping



Resources



[Feedback](#) / [Complaints](#)

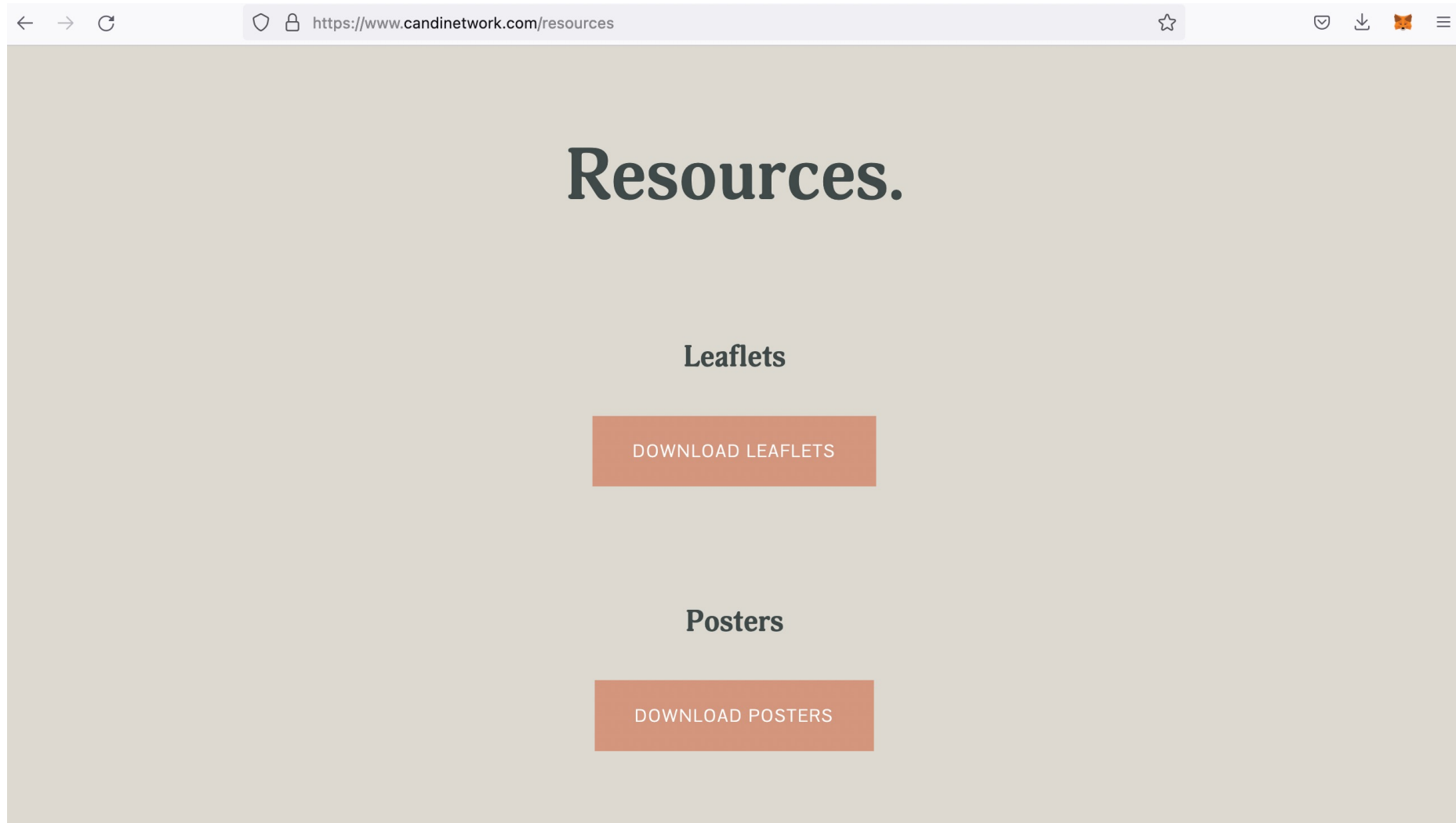
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Resources



Agenda

- What is candiNETWORK?
- Setting the context – what we have achieved so far
- Why is there a need for candiNETWORK?
- How the Network works
- Co-production
- **Core Network Services**
- Added value and innovation
- **The Client's Perspective**
- How to refer
- What's next?
- Q&As

candiNETWORK

Camden and Islington HIV Network



ISLINGTON

Working in partnership

What we have achieved so far...

- In September 2019 London hosted Fast-Track Cities 2019, the first international gathering of more than 200 cities working together as part of the global response to eliminate HIV by 2030.
- London was chosen as it was the first global city to top the UNAIDS '90-90-90' target:
 - More than 90% of people living with HIV in London knew their status
 - More than 90% of those diagnosed were receiving antiretroviral therapy (ART)
 - More than 90% of those receiving ART were virally suppressed
- In recent years, new HIV diagnoses in the UK have fallen by a third, now at their lowest since 2000 due to the success of **U=U** and preventive measures such as HIV testing, condoms and pre-exposure prophylaxis (PrEP) - all limiting the possibilities for secondary transmission.

Why HIV support is still needed

- However, despite these big achievements, HIV remains an important issue.
- London is home to the highest population of people living with HIV in the UK.
- 37% of all new diagnoses are in London residents and the capital provides care for 38% of all people living with HIV in the country.
- 42% of people in England are first diagnosed at a late stage of infection – with 9 London Boroughs having higher rates of late diagnoses than the national average.
- HIV rates in Camden and Islington are 40% higher than the London average.
- And while rates of new diagnoses in Camden and Islington are similar to the London average (23 per 100,000 adults), they are still almost 3x higher than the national average.

Why HIV support is still needed

- Despite HIV becoming a long-term condition, it is unlike living with any other condition.
- The challenges many face are exacerbated by a unique social context, the impact of additional HIV-related ill health, higher rates of psychological difficulties, discrimination and community and self stigma.
- Stigma associated with HIV and sexuality as well as sexism and racism continue to impact on an individual and community level.
- There remains a lack of understanding and knowledge of HIV across many services.
- People's identities can also cut across perceived boundaries – adding further stigma and impacting their ability to access support and self-manage their health.

Why HIV support is still needed

- While the challenges faced by people living with HIV as they get older can often become more complex, and new ones may arise.
- Increasing numbers of people with HIV have ‘age-related conditions’ which may occur at a younger age.
- There may also be special issues affecting people who started HIV treatment at a young age and rely upon it for a greater proportion of their lives – for example coping with long-term side effects, drug interactions as well as the risk of drug resistance.
- The COVID-19 pandemic response, including social and physical distancing measures, also led to a re-prioritisation and disruption in provision of, and access to, health services for people living with HIV.
- **All meaning that there is still very much a need for specialised HIV care and support.**

The need for candiNETWORK

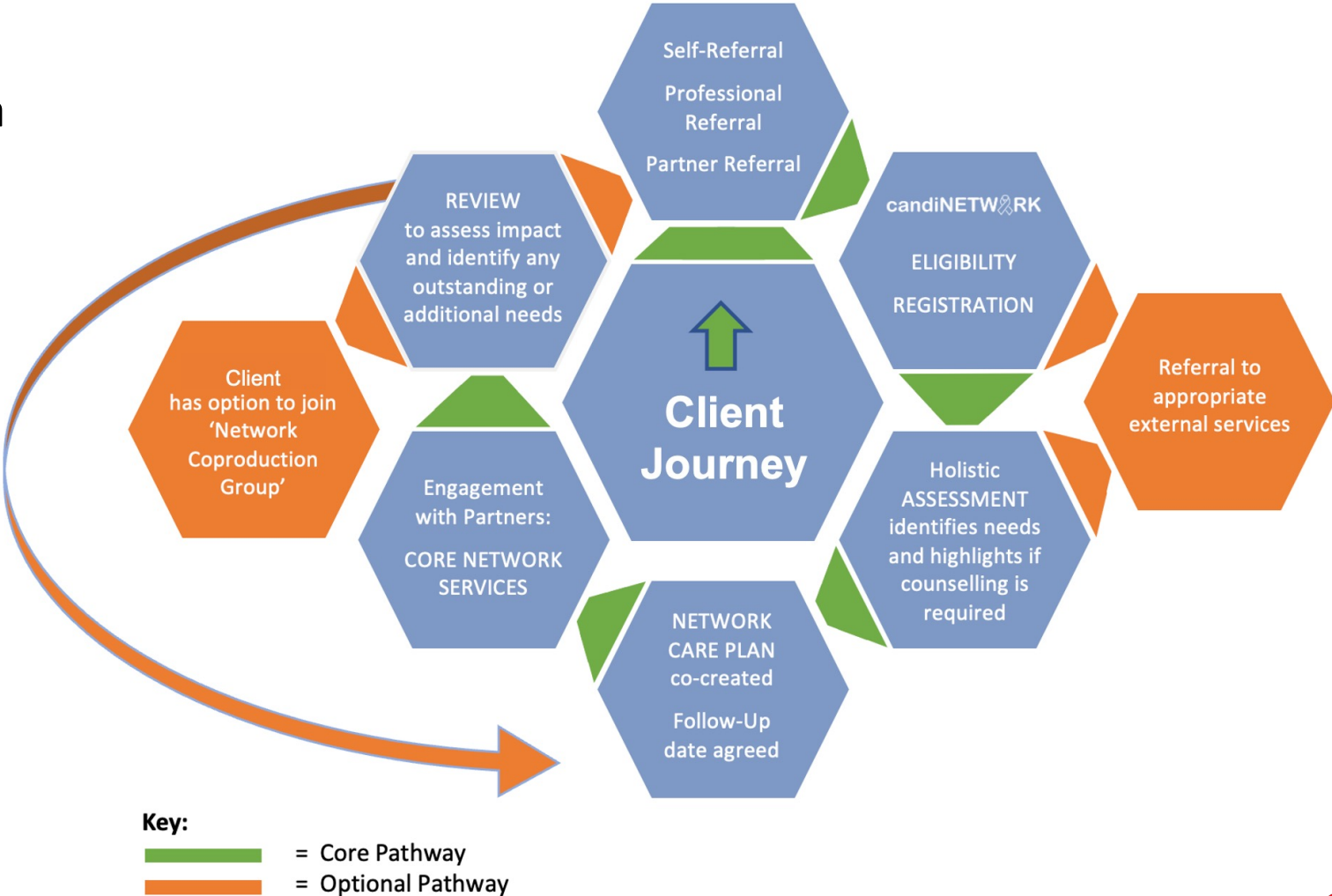
- The delivery of traditional health and social care is all too frequently fragmented, inefficient and based on outdated top-down models of care.
- People can be confused about what services are available and how to navigate their journey through the support system.
- Often being expected to provide the same information to many different professionals.
- It is a system in which people can feel they have little control over what happens to them.
- And one which can make it less effective for professionals and community organisations to work together for the benefit of those we provide care and support.

The need for candiNETWORK

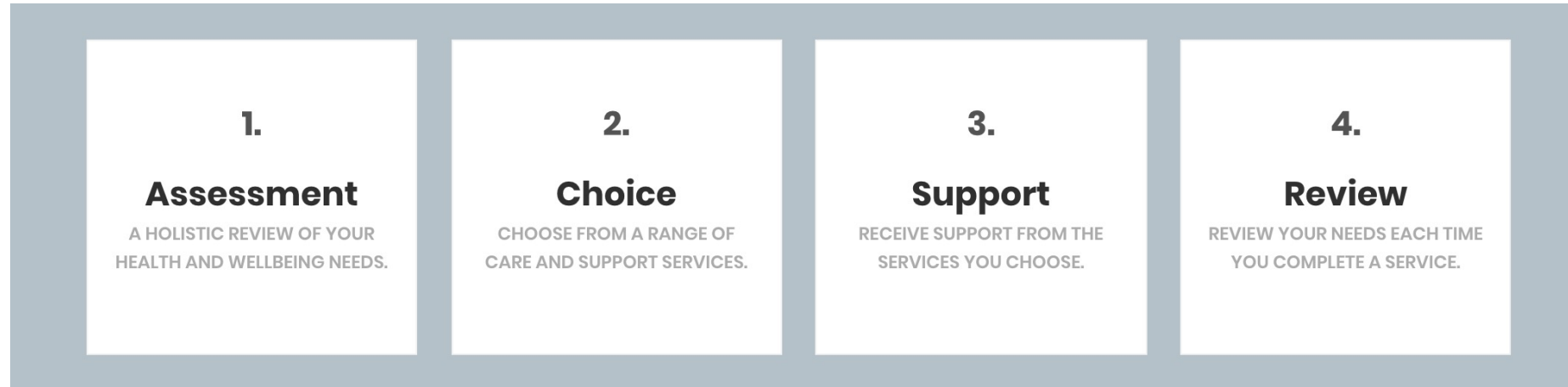
- We therefore created the ‘Camden and Islington HIV Network’.
- An **integrated care model** that will help make people’s navigation of HIV services easier – while increasing the number and quality of referrals between Partner organisations.
- Whenever appropriate, and with their consent, Clients will be quickly referred into relevant services, based on an holistic, and ongoing, assessment of their needs.
- In this way, people will be supported to determine their own journey by co-creating ‘Network Care Plans’ based on their personal goals, aspirations and choices.
- In this way, candiNETWORK will support people living in Camden and Islington to more easily navigate and access a much wider range of HIV services.

How does the Network work?

A holistic pathway of care enabling people to co-create a clear and easy route through services based on their individual needs.



A person-centred model of support



Five Guiding Principles

- Achieve a high-quality service that meets peoples needs
- Deliver support that is tailored to individuals and groups
- Work in partnership with Clients and professionals
- Provide added value, innovation and efficiencies wherever possible
- Put co-production at the heart of the Network.

But what does co-production mean?

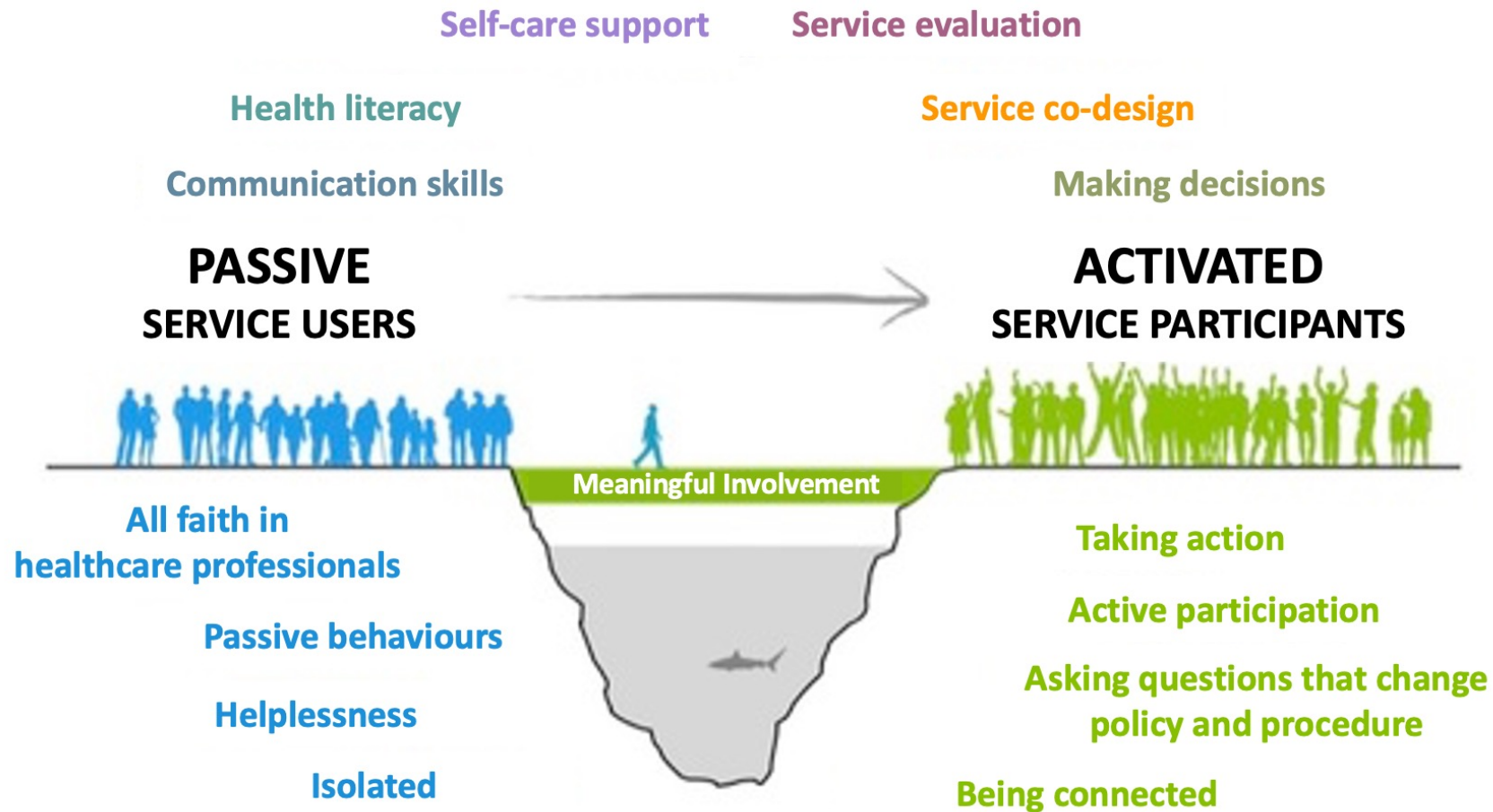
Co-production for the Network

- For the Network co-production is the meaningful involvement of Clients in the design and delivery of services:

Co-production is simultaneously an activity, an approach and an ethos which involves Clients, Service Providers and Key Stakeholders working together, sharing power and responsibility across the entirety of the Network.

- And to start with we will support this in three key ways:
 1. Supporting Role Shifts
 2. Network Co-production Group
 3. The Innovation Fund
- But our definition of co-production and how we support it will evolve as we learn.

Supporting Role Shifts

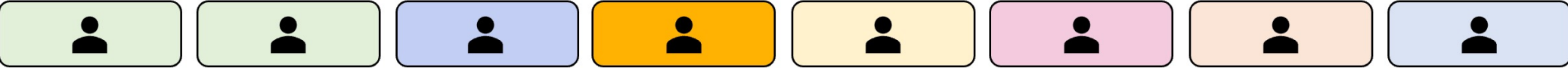


Network Co-production Group

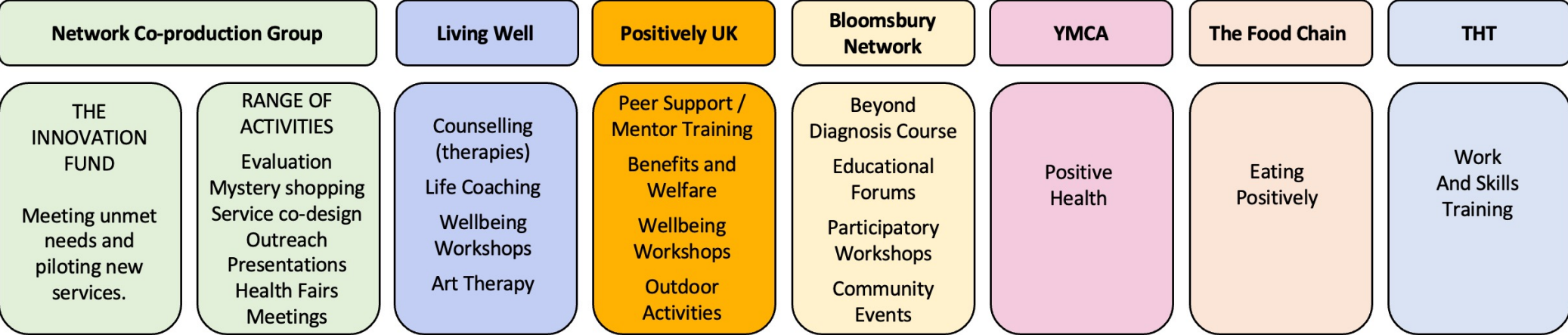
Accountability



Steering Group



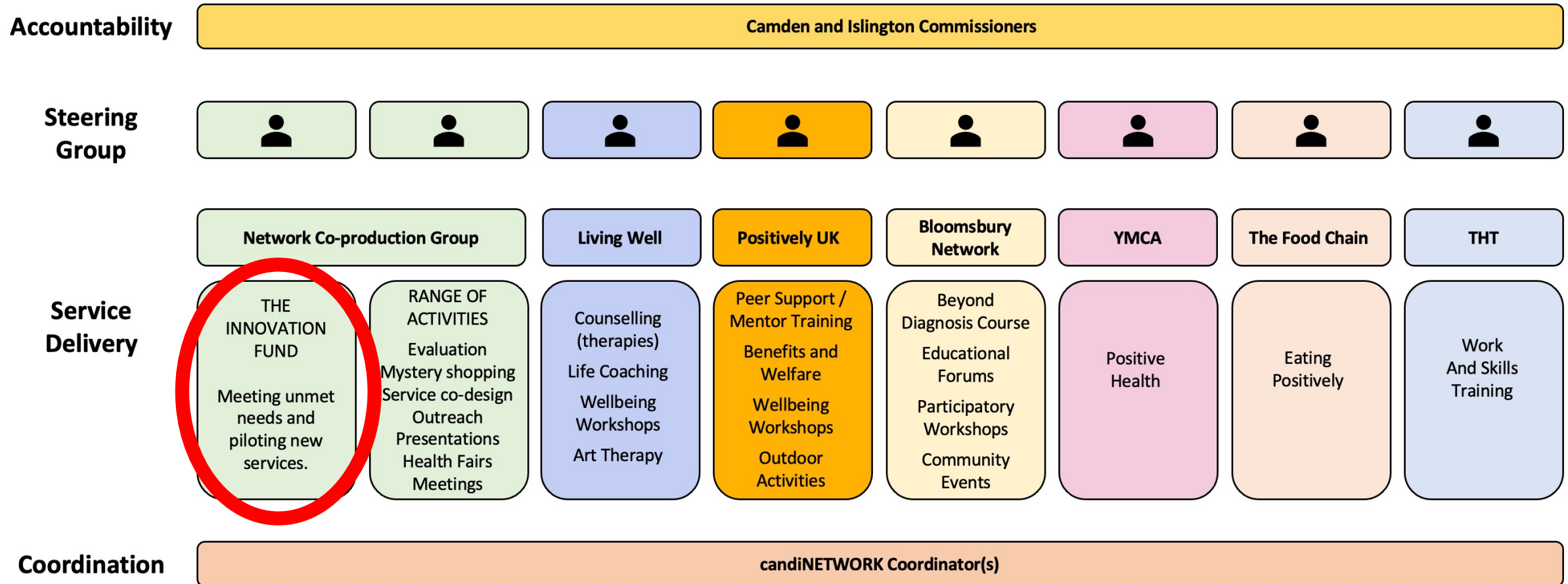
Service Delivery



Coordination



The Innovation Fund



Meeting the needs of people

Some additional issues we considered while designing our model of care and support:

- Needs identified by existing Clients and professionals in Camden and Islington can be fluid and may change over time.
- COVID and rising cost of living mean that people want and need blended delivery options – that includes online, telephone and face-to-face in a wide range of venues.
- 42% of people first diagnosed in England are diagnosed late.
- Those who are recently diagnosed, starting treatment, changing medication or having difficulty with adherence may need additional support.
- Diverse populations can have diverse needs and ways they want to be supported.
- HIV-related stigma and discrimination can negatively impact quality of life.

Meeting the needs of people

Some additional issues we considered while designing our model of care and support:

- People with complex lifestyles may need multiple forms of support.
- Older people living with HIV may have different and more complex needs.
- Sex and relationships support is made more complex by HIV.
- People living with HIV who want or have children may need additional support.
- Many people are without family or social support and may suffer from isolation.
- Many people are struggling with mental health and/or emotional issues.
- Not everyone that needs our support knows about us or is currently accessing care – we need to reach out in innovative and collaborative ways and offer a wide range of services that are available in the right formats, in the right places, at the right times.

Core Network Services



Living Well

- *Counselling*
- *Life Coaching*
- *Wellbeing Workshops*
- *Art Therapy*

YMCA

- *Positive Health*

The Food Chain

- *Eating Positively*

THT

- *Work and Skills Training*

Positively UK

- *One-to-One Peer Support (Casework)*
- *Peer Mentor Training and Development*
- *Benefits and Welfare Support*
- *Wellbeing Workshops*
- *Outdoor Activities*

Bloomsbury Network

- *Beyond Diagnosis Course*
- *Educational Forums*
- *Participatory Workshops*
- *Community Events*

Living Well

Simon Jones



- **Counselling** – *a range of talking therapies providing confidential non-judgmental support for common mental health issues such as stress, anxiety and depression, as well as any specific concerns relating to HIV, such as dealing with a diagnosis, stigma, loneliness, relationships. Clients can also choose specialised approaches such as hypnotherapy: addiction, insomnia, phobias etc.*
- **Life Coaching** – *coaching supports people to unlock their full potential, enabling them to achieve ambitious yet realistic goals. Can provide structure, skills, perspective and confidence.*
- **Wellbeing Workshops** - *interactive coaching workshops that promote positive health messages, encourage healthier lifestyle choices and support Clients to develop enhanced coping strategies.*
- **Art Therapy** – *a combination of art and psychotherapy. Uses creative processes as a starting point for self-exploration and understanding, helping people better express thoughts, feelings and inner conflicts. No previous art experience is needed: anxiety, stress, communication, grief etc.*

Positively UK

Silvia Petretti, Beatrice Osoro



- **One-to-One Peer Support (Casework)** – *providing tailored one-to-one support across a range of issues such as understanding a new diagnosis, treatments, sexual health and supportive relationships.*
- **Peer Mentor Training and Development** – *training people to become accredited Peer Mentors so they can provide support on a broad range of HIV-related issues and specialise in specific areas such as group facilitation, living with co-morbidities, substance misuse and immigration.*
- **Benefits and Welfare Support** – *providing much needed support with navigating the system, including checking entitlements, completing forms, contacting the statutory agencies.*
- **Wellbeing Workshops** - *interactive coaching workshops that promote positive health messages, encourage healthier lifestyle choices and support clients to develop enhanced coping strategies.*
- **Outdoor Activities** – *peer-led groups such as walking groups and yoga, designed to encourage greater community, increased socialisation and enhanced physical and mental health.*

Bloomsbury Network

Geoffrey Milton



- **Beyond Diagnosis Course** - *a three-day course for anyone who wants to come to terms with HIV, whether they were diagnosed many years ago or just last month. The Course is led by volunteers who are themselves living with HIV and areas covered include: disclosure; medication, side effects, drug interactions/resistance and managing adherence.*
- **Educational Forums** – *designed to provide the latest information on medical research, clinical developments and updates on psycho-social issues affecting people living with HIV.*
- **Participatory Workshops** - *regular peer-led workshops exploring a broad range of non-medical issues identified by Clients and professionals in new and creative ways.*
- **Community Events** - *a range of peer-led social events, providing safe and supportive spaces for you to meet and socialise. Supporting a reduction of both public-stigma and self-stigma, helping to tackle loneliness, and easing the isolation felt by so many after lockdown.*

YMCA

James Simpkin, Victoria Brown



Positive Health

- *12 week programme of support provides expert support and guidance in the gym, as well as opportunities to try exercise classes and swimming.*
- *Participants also get access to a nutritionist, social activities and a range of therapies including reflexology, sports/holistic massages and energy healing.*
- *Ongoing subsidised gym membership*

The Food Chain

Anna Brewster



Eating Positively

- *A programme of interactive nutrition and cookery classes led by a chef and specialist Dietitians that teaches people how to better manage their diet and use nutrition to help them lead a healthier lifestyle.*
- *Suitable for everyone, each of the four classes is designed to help people living with HIV develop a practical understanding of nutrition & learn some practical skills.*
- *Classes include:*
 - *Introduction to HIV & Nutrition*
 - *Eating Well on a Budget & Managing Symptoms*
 - *Heart Health*
 - *Sugar & Diabetes*

Terrence Higgins Trust (THT)

Laura Burgess



Work and Skills Training

- *An interactive all-day in-person Work and Skills Workshop designed to build work skills and confidence*
- *The workshop can support people with:*
 - *Setting and achieving goals*
 - *Understanding and demonstrating your skills*
 - *CV writing and managing gaps in employment*
 - *Successful application form writing*
 - *Interview preparation*

Added value, innovation and efficiencies

Our diverse and flexible service model has been designed to:

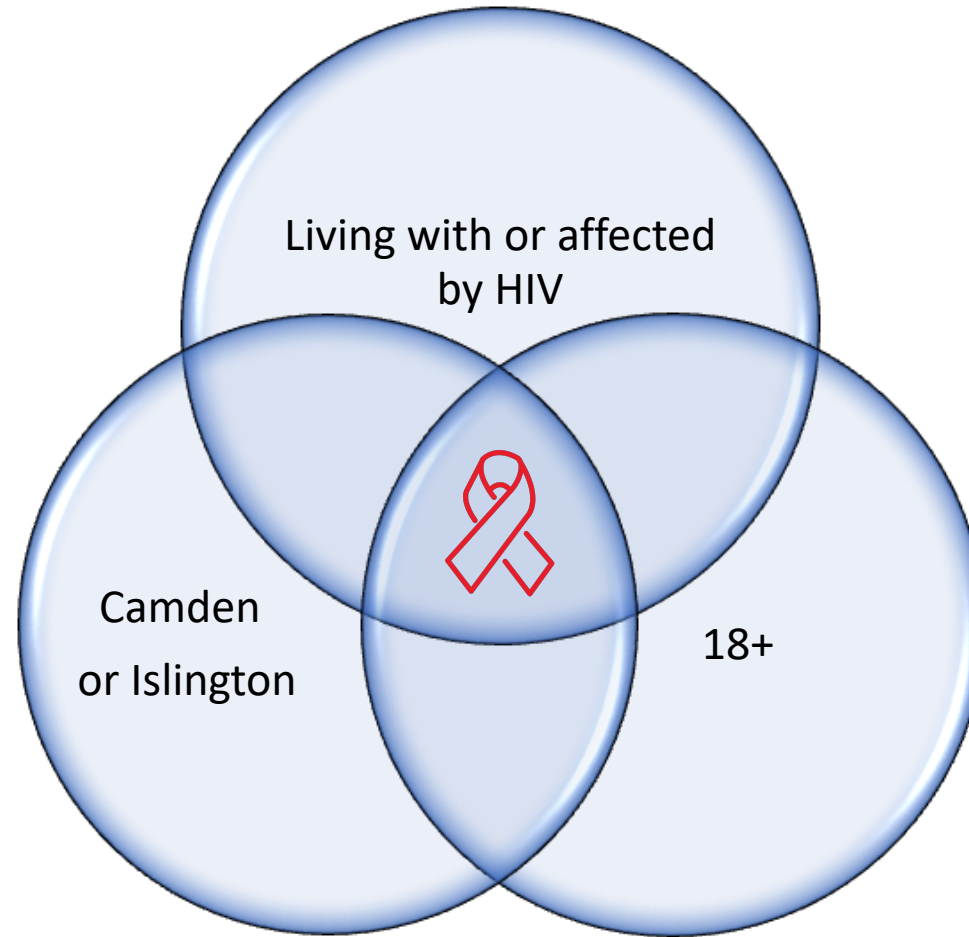
- Support people to navigate their journey through the support available.
- Work collaboratively with Partners and local stakeholders to promote services and ensure the effective functioning of referrals using a new 'Single Point of Access'.
- Allow Camden and Islington residents to benefit from in-borough and out-of-borough provision, resulting in more choice and our ability to offer a wider range of options.
- Create new skills and training opportunities for Camden and Islington residents.
- Support people back into work and help them identify new employment opportunities by providing career guidance and support (e.g. life coaching, mentoring, interview skills).
- Provide additional health and wellbeing support to staff and volunteers.
- Work with Clients to co-design and pilot innovative new services.

But so what? (from the Clients' perspective)

Brian, John Paul, Joanne

- How do our services make a difference?
- How might our new model make things better for Clients?

Referral criteria (Eligibility)



How to refer?



candinetwork.com



020 3137 3373

How to refer?



How to refer?

← → ↻ candinetwork.com/signup 🔍 📄 ☆ 🏠 👤 ⋮

Sign Up Now.

If you're living with or affected by HIV in Camden or Islington give us a call or complete the form opposite and one of the team will be in touch within 3 working days. We'll discuss your needs and match you to the right service(s).

By completing the form you are consenting for Living Well to contact you and confirming you happy for your data to be stored in accordance with our [Privacy Policy](#) and the General Data Protection Regulation ([GDPR](#)).

t: 020 3137 3373

e: info@livingwellcic.com

📷 🐦 ✉

Name *

First Name Last Name

Email *

Phone *

Select Borough *


Please tell us which area(s) of support you are interested in? *

- Counselling
- Life Coaching
- Physical Health
- Work and Skills Training
- Workshops and Forums
- Benefits and Welfare Support
- Beyond Diagnosis Course
- Peer Support / Mentor Training
- Healthy Eating
- Art Therapy
- Outdoor Activities
- Community Events
- Other

Is there anything else you'd like to tell us?

Confirmation Required *

I have read the Privacy Policy and consent to my data being stored

I'm not a robot 

SEND

How to refer?



How to refer?

← → ↻ candinetwork.com/refer 🔍 📄 ☆ 🏠 👤 ⋮

Make a Referral.

If you're a professional and want to refer someone living with or affected by HIV in Camden or Islington please complete the form opposite. We will contact your referral within 3 working days to discuss their needs and match them to the right support service(s).

By submitting the form you are confirming that you have received consent from the person you are referring to make this referral in accordance with our [Privacy Policy](#) and the General Data Protection Regulation (GDPR). All information will be securely stored and someone will contact them as soon as possible.

t: 020 3137 3373

e: info@livingwellic.com

📷 🐦 ✉

Service User Name *
First Name Last Name

Service User Email *

Service User Phone *

Select Service User Borough *
▼

Reason for referral including any specific services required *


Referrer Name *
First Name Last Name

Referrer Organisation *

Referrer Email *

Referrer Phone *

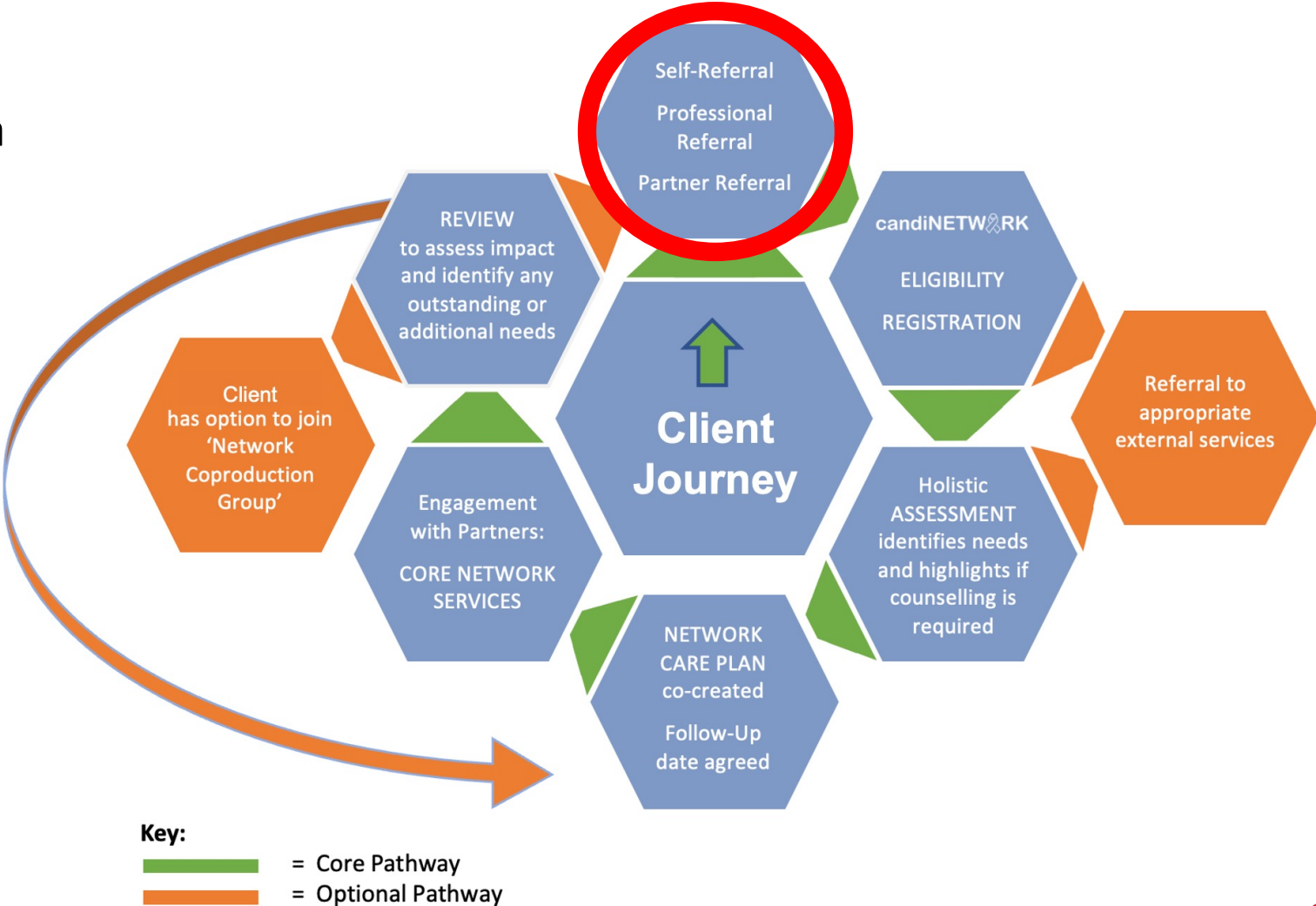
Confirmation Required *
 I have read the Privacy Policy and received consent to make this referral

I'm not a robot  [Privacy](#) - [Terms](#)

SEND

How does the Network work?

A holistic pathway of care enabling people to co-create a clear and easy route through services based on their individual needs.



What's next?

Going forward over the coming months our focus will be:

- Promoting the Network and raising awareness of services
- Supporting the Network Co-production Group
- Refining the new candiNETWORK Coordinator role
- Delivering the first new group services
- Supporting the Network Co-production Group
- Launching The Innovation Fund
- Planning our first Staff and Volunteer Wellbeing day

Thank you.
Any Questions?